## CHBRP

California Health Benefits Review Program: evidencebased analyses on a legislative timeline

Presented by An-Chi Tsou, PhD, Brianna Harris, and Garen Corbett, MS

February 1, 2024







- Institutional facilitator on health insurance policy
- Independent, multi-disciplinary
- Evidence-based information
- Neutral analysis

# What is CHBRP?

Policy recommendations

Selective about analyses

Funded by general fund

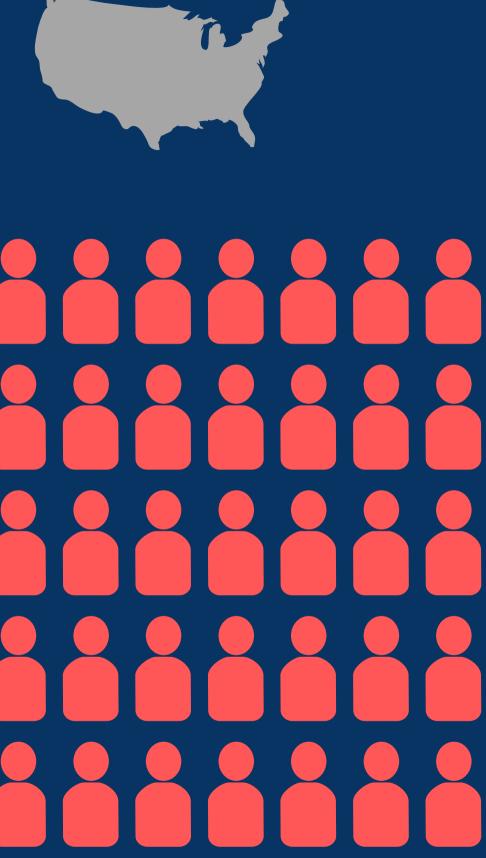
Opinion-based analyses



### State-regulated



### Federally-regulated only



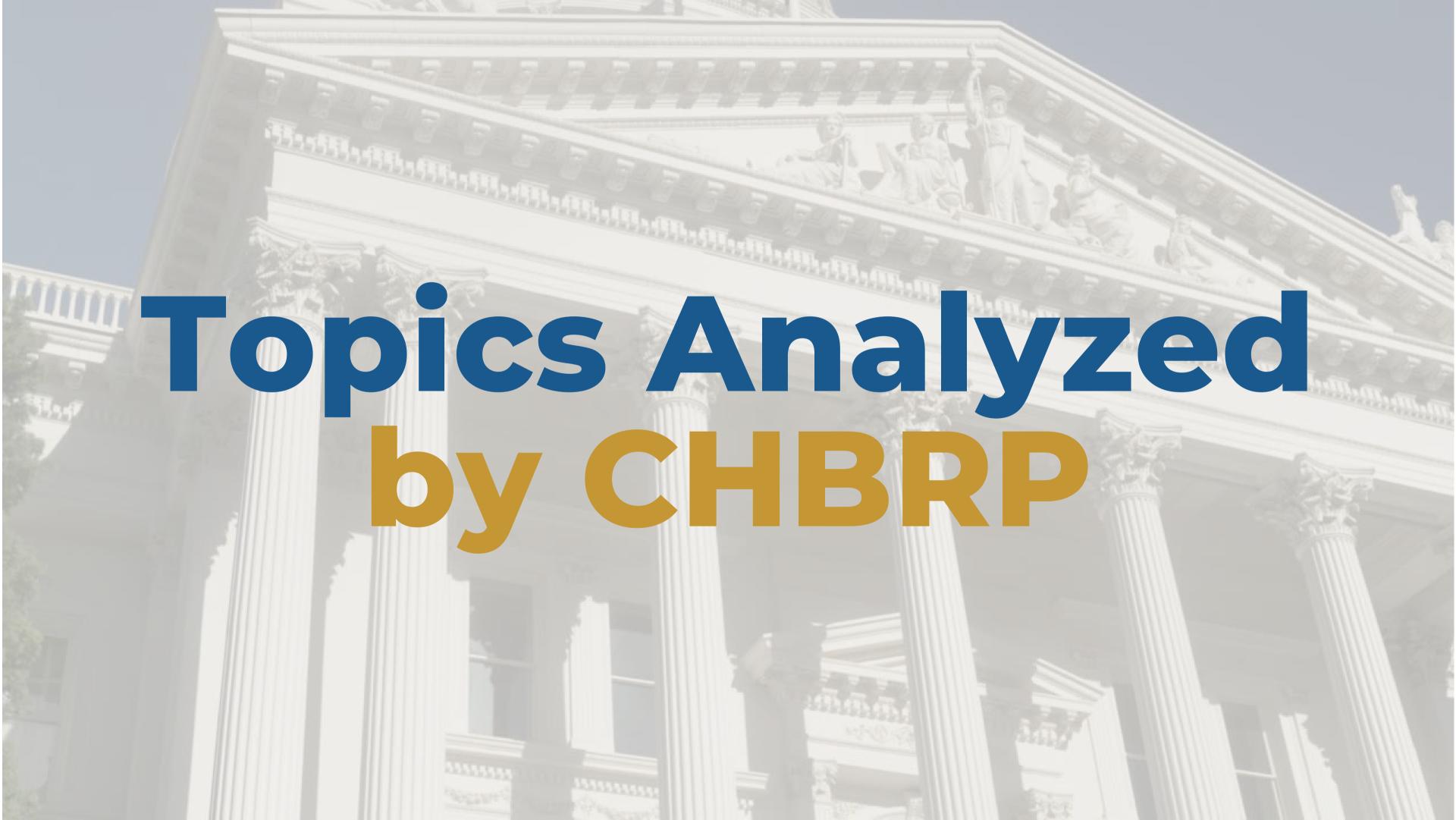
Large Group Medi-Cal

### CalPERS

### Individual



### Small Group



### Health Benefit Mandates

### Generally, they offer or provide coverage for the following:

### Screening, test, or treatment of disease/condition

Example: requiring coverage for screening and treatment of breast cancer





Type of treatment/services, medical equipment, supplies, or drugs

Example: requiring coverage of reconstructive surgery





## But wait, there's more.







Cost sharing

Healthcare Financing

Parity

### In short, CHBRP may be asked to analyze any legislation related to health insurance.

### Reimbursement Rates







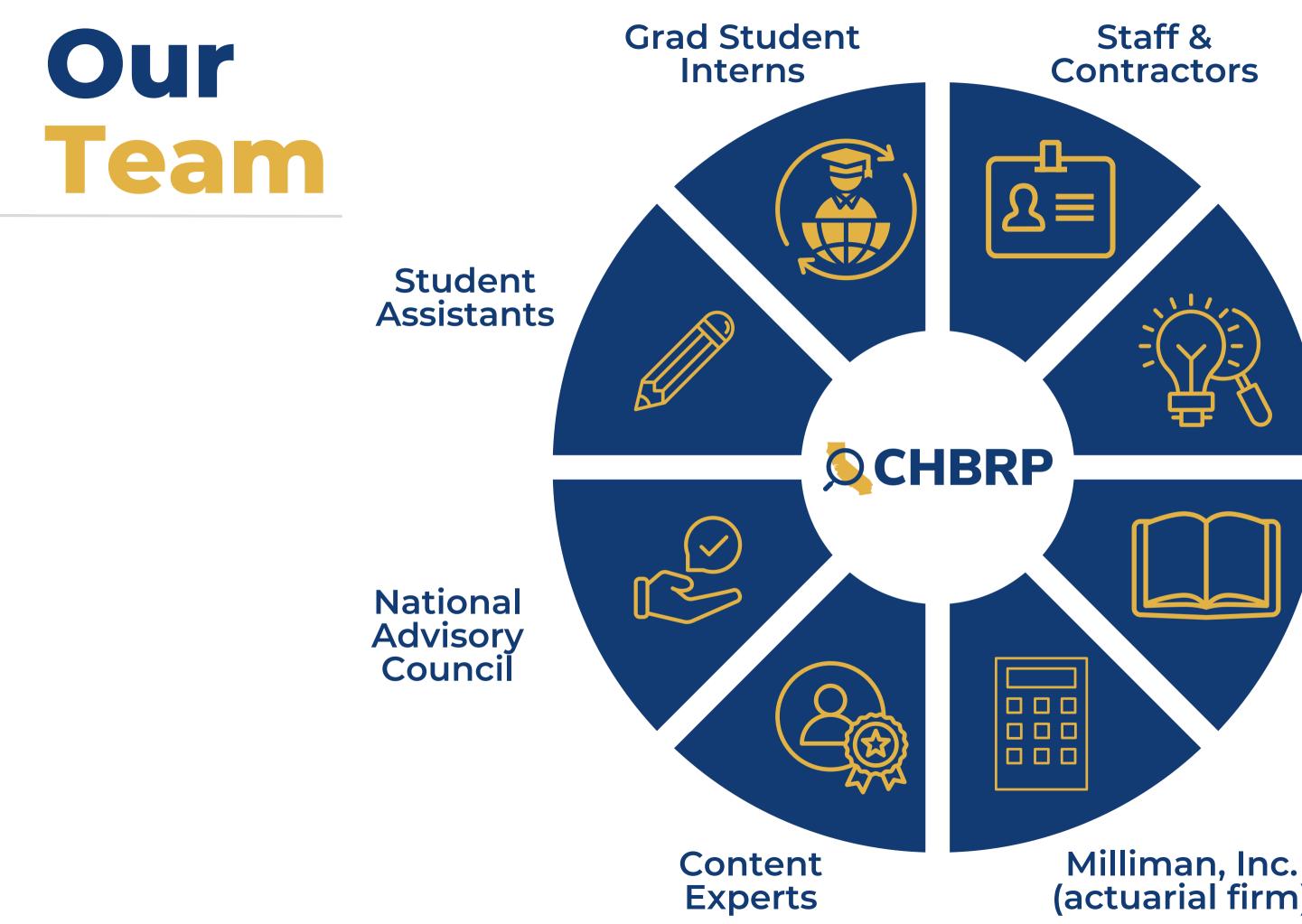


### 2023

• AB 32: Telehealth • AB 874: Out-of-pocket expenses AB 1400: Guaranteed health care for all • AB 1451: Behavioral health crisis treatment • AB 2024: Breast imaging • SB 70: Prescription drug coverage • SB 245: Abortion services: cost sharing • SB 90: Insulin affordability • SB 1338: CARE Court • SB 839: Obesity Treatment Parity Act

## **(Some) Recent** Analyses

### 2022

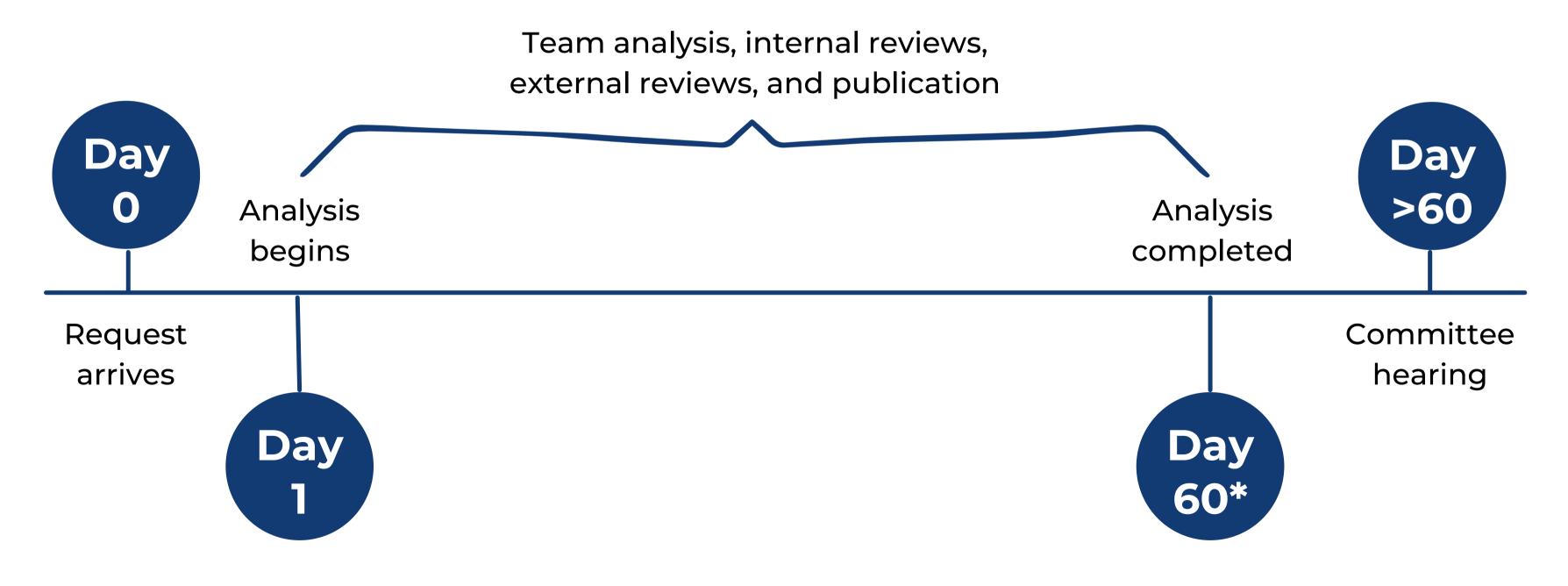


### Task Force of Faculty & Researchers



Milliman, Inc. (actuarial firm)

## Timeline & How we work



\*Requests are sometimes asked to be completed in fewer than 60 days

## Analyses

### **Policy Context**

- What health insurance would have to comply?
- Are related laws already in effect?

### Medical Effectiveness

- Which services and treatments are most relevant?
- Does evidence indicate impact on outcomes?



### Impacts

- Would benefit coverage utilization or <u>cost</u> change?
- Would the **public's** health change?



### • Is your bill CHBRP-bound?



Make sure to have a nicely baked bill



Check in with the health committee



Check out our website for previous bills, resources, and other publications: www.chbrp.org

## Working with CHBRP

• What happens when your bills go to CHBRP?





Bill questionnaire and meeting with **CHBRP** staff

Period to submit additional information



If necessary, technical amendments





Briefing on analysis following completion



• What products are published by CHBRP for each bill?



Bill analysis



Key findings: a short summary of the analysis



Infographic / fact sheet about findings



### How long are CHBRP analyses relevant?

### Almost always!





### 2023-2024 Status of Bills >

## Sign up for our listserv!

## **SOCHBRP**



## Thank you!



### How did we do?

Let us know using the survey linked below

