







# Academic Rigor on a Legislature's Timeline



### **Letter From The Director**

Greetings! Welcome to CHBRP's Fall Newsletter.

The change of seasons is upon us. Recent weeks have us busily closing out the previous legislative session, and preparing for the next one. Much is happening in health care, which is triggering a sharp uptick in projected health care expenditure trends. This in turn, is already placing significant pressures on health insurance premium rates, which is unlikely to ease soon. National health expenditures are expected to climb an average of 7% next year, but here in California, estimates appear to be higher.



CHBRP's role is to impact policy not through advocacy of any sort, but rather by informing, educating, and supporting evidence-based decision-making. Given the dynamic drivers of health, effective policy-informing requires a multidisciplinary lens and a keen understanding of the complexities of health care. We try and connect with a number of UC's health policy and health services research centers and institutes, and continue reaching out to new ones. Earlier this month, I had the honor of speaking at the ER Brown Symposium at UCLA's Center for Health Policy Research. CHBRP was highlighted as a key partner of the Center in a long collaboration intended to bring actionable evidence and insights to policymakers.

I also had the privilege of meeting for the first time with Courtney Lyles, the Director of the Center for Healthcare Policy and Research at UC Davis, along with CHBRP Vice Chair, Elizabeth Magnan. UC Davis' longstanding partnership with CHBRP was reaffirmed, along with some brainstorming of ideas on how to bring more expertise to the Capitol. Stay tuned for more information about new CHBRP collaborations and approaches to explaining complex topics.

We hope all of our readers get a chance to enjoy the Fall season.

Until next time!

Warmly, Garen

## **Updates from CHBRP**

#### **Welcome to CHBRP!**

CHBRP is thrilled to welcome two Undergraduate Student Assistants to CHBRP!

Allison May Lee is a senior at UC Berkeley studying Molecular and Cell Biology with a focus in genetics. At Berkeley, she is actively involved in microbiology and cancer research, and serves as the director of a dance company. In the future, she plans to go to graduate school and pursue a PhD in genetics. She is passionate about exploring the intersection of health policy and research, and is excited to be working with CHBRP as a student assistant to contribute to meaningful work in this area! In her free time, she enjoys baking, dancing, knitting, and accumulating more houseplants.



Eric Manooki is a senior at UC Berkeley, pursuing a double major in Public Health and Environmental Economics & Policy, along with a minor in Public Policy. He has developed a strong background in health policy during his time as an undergraduate, being involved in health economics research at Berkeley and interning with the Centers for Medicare and Medicaid Services (CMS). Committed to advancing health equity and improving health systems, Eric is passionate about health economics and plans to complete graduate studies in the field. As a lifelong resident of the state (originally from Los Angeles), he is excited to be contributing to efforts aimed at enhancing the health of all Californians.



## **CHBRP's Analyses**

Now that the 2023-2024 Legislative session has come to a close, see the final status of bills analyzed by CHBRP. Three bills analyzed by CHBRP in 2024 were signed by the Governor by the September 30th deadline. Additionally, SB 729 Infertility Treatments (analyzed by CHBRP in 2023) was signed into law, along with three bills that were similar to those analyzed by CHBRP in previous years: AB 1842 Medication

Assisted Treatment, AB 2105 Coverage for PANDAS and PANS, and AB 2258 Cost Sharing. All completed analyses are available on CHBRP's website and may be helpful as bills are implemented or for background.

Take a look at the 'Status of Bills" page to see the portions of CHBRP analyses that remain relevant after amendments are made to analyzed bills.

## Location of Bills Analyzed by CHBRP

As of September 30, 2024

		Passed First Chamber	Passed Second Chamber	Signed or Vetoed by Gov Newsom
AB 2028	Medical Loss Ratio	<b></b> ×		
AB 2180	Cost Sharing*	<b></b> ×		
AB 2467	Menopause*			<b>-</b> ×
AB 2668	Cranial Prostheses	<del></del> ×		
AB 2843	Rape and Sexual Assault*			<b>-</b>
AB 3059	Human Milk*			<b>-</b>
AB 3245	Colorectal Cancer Screening*			<u> </u>
SB 1008	Obesity Treatment Parity*	<del></del> ×		
SB 1180	Emergency Medical Services*			<b>-</b>
SB 1236	Medicare Supplement*	<del></del> ×		

<sup>\*</sup>Amended since CHBRP published its analysis

**Completed Analyses** 

**Status of Bills** 

#### **Recent Publications**





#### **Updated Resource:**

#### Health Insurance Benefit Mandates in California State and Federal Law

See what has been added to the list of benefit mandates as a result of the What are **Basic Health Care Services**? CHBRP's
Health Care Nuts and Bolts
answers this question.

These 8 categories of services are required to be covered in accordance with



CHBRP annually publishes two companion resources:

- Sources of Health Insurance Coverage in California
- Pharmacy Benefit Coverage in State-

closure of the Legislative session.

Resources

California law.

Take a look!

Regulated Health Insurance

**All Nuts and Bolts** 

Resources



# What New Topics Do You Want to See Covered by CHBRP?

CHBRP is always on the lookout for ideas for new issue briefs, resources, explainers, and Nuts and Bolts. What topics would you like to see covered by CHBRP?

Health care costs and drivers of cost

Disparities and Social
Drivers of Health
(SDOH)

Prescription medication supply chain and interaction with health care system

Other- reply to this email!

## **CHBRP Staff Have Been Busy!**



An-Chi Tsou (left) and Adara Citron (right) attended the Milliman HealthVision360 conference in September to learn more about the ways data can be used to inform analyses.



Garen Corbett facilitated a strategic planning retreat for UCLA's Center for Health Policy Research and has been on the planning committee for their 30th anniversary celebration.



John Lewis will be in Texas next week discussing CHBRP's analyses of requirements to cover GLP-1 medications.



CHBRP staff is also finishing up the last few stakeholder meetings to check in with key users of CHBRP's work. It's always great to hear feedback and suggestions!



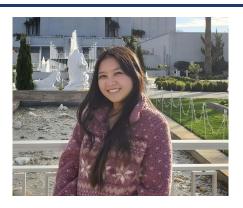
Garen Corbett was thrilled to serve on the planning committee for the 2024 ER Brown Symposium at UCLA and also spoke about CHBRP on a panel about policy impacts of research.

# Task Force and NAC Spotlight

Each newsletter, CHBRP features two Task Force or NAC members and the important work they do outside of CHBRP. See more information about all of our Task Force and NAC members on CHBRP's **website**.

## Thet Nwe Myo Khin, MPH

Thet Nwe Myo Khin is a project policy analyst at the Herbert Wertheim School of Public Health and Human Longevity Science at the University of California, San Diego (UCSD). She primarily supports tobacco policy research, working with state agencies such as the California Department of Public Health to analyze how these policies affect



Californians. Ms. Khin enjoys the real-world applications of her work. She finds the ability to effect meaningful policy change to be very rewarding. She also appreciates the opportunity to work with a group of talented professionals and expert faculty.

A more recent member of the CHBRP task force, Ms. Khin joined the Public Health team as a Graduate Student Assistant last year. She supports the research team by providing general assistance with public health analyses and aiding with tasks like literature reviews. Ms. Khin finds her work with CHBRP to be very informative as it keeps her up-to-date with the latest happenings in Sacramento and the greater health policy world. She values working with experts across disciplines and finds the diversity of viewpoints broadens her horizons.

Across her career, Ms. Khin is most proud of working on projects that she knows will have a real impact on people's lives. Being part of teams that carry out this important work, like CHBRP and her team at UCSD, has made her experiences in her career thus far immensely fulfilling.

#### Charles N. Kahn III

Chip Kahn has been a valued member of CHBRP's National Advisory Council (NAC) since 2004. His contributions are instrumental in providing a national perspective on draft analyses, aiding the Task Force's analytical work. Throughout the year, Mr. Kahn actively engages with CHBRP's activities, offering input on its mission and strategic advice on various initiatives. He is a resource on how federal actions may interact with California policy.



Mr. Kahn serves as the President and CEO of the Federation of American Hospitals (FAH), representing tax-paying hospitals that account for 20% of the nation's hospitals. FAH leverages its members' expertise to inform federal legislators and regulators. Mr. Kahn finds fulfillment in supporting U.S. hospitals, which are critical to acute care delivery. His role encompasses diverse policy aspects, drawing on his extensive experience in health care and hospital policy, the health insurance industry, and his tenure as a Capitol Hill staffer.

Throughout his career, Mr. Kahn has been particularly proud of his involvement in major health-related legislation. As a Hill staffer, played a pivotal role in developing the Health Insurance Portability and Accountability Act (HIPAA), particularly the inclusion of privacy and confidentiality in the 1996 bill. As a key representative of hospitals, he was instrumental in the development and passage of the Affordable Care Act (ACA) which reflected FAH's 2007 framework for universal coverage. During his time on Capitol Hill, Mr. Kahn contributed significantly to Congressional health care delivery and financing policy in the late 1980s and early 1990s and is especially proud of the addition of diabetic shoes as a Medicare benefit which would not have happened without his effort.

Over the past 20 years, CHBRP's work has kept Mr. Kahn engaged and interested. He values interactions with other NAC members, Task Force members, and CHBRP staff. His long tenure provides him with a comprehensive understanding of CHBRP's analyses and their evolution over time. Mr. Kahn appreciates that CHBRP's work has national implications and addresses analysis and policy relevant to the federal level as well as California. He also commends the high quality of analyses, noting that they make his role as a reviewer straightforward since they are so well done.

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